

Full Report (All Nutrients) 45109708, MICHELINA'S, ROCKIN' TACOS, UPC: 717854152075

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Bellisio Foods Inc

Nutrient	Unit	Data points	Std. Error	142.0 g 142g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	329	232
Protein	g	--	--	11.01	7.75
Total lipid (fat)	g	--	--	16.00	11.27
Carbohydrate, by difference	g	--	--	33.00	23.24
Fiber, total dietary	g	--	--	2.0	1.4
Sugars, total	g	--	--	2.00	1.41
Minerals					
Calcium, Ca	mg	--	--	99	70
Iron, Fe	mg	--	--	2.70	1.90
Sodium, Na	mg	--	--	890	627
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	1.1	0.8
Vitamin A, IU	IU	--	--	500	352
Lipids					
Fatty acids, total saturated	g	--	--	4.998	3.520
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	20	14

Amino Acids

Other

Ingredients
ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, NACHO TACO SAUCE PACKET (DICED TOMATOES, TOMATO JUICE, CITRIC ACID, CALCIUM CHLORIDE), TOMATO PUREE (WATER, TOMATO PASTE), 2% OR LESS: SUGAR, SALT, MODIFIED CORNSTARCH, WATER, CITRIC ACID, DEHYDRATED ONION, DEHYDRATED GREEN BELL PEPPERS, POTASSIUM SORBATE & SODIUM BENZOATE AS PRESERVATIVES, ONION POWDER, GARLIC POWDER, NATURAL FLAVOR), BEEF, EXPELLER SOYBEAN OIL, PASTEURIZED PROCESS CHEDDAR CHEESE (CHEDDAR CHEESE [PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES], WATER, MILKFAT,

SODIUM PHOSPHATE, SODIUM HEXAMETAPHOSPHATE, SALT, ARTIFICIAL COLOR), LESS THAN 2% OF MODIFIED FOOD STARCH, CHEESE FLAVOR (DEHYDRATED AMERICAN AND BLUE CHEESE [PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES], FOOD STARCH-MODIFIED, WHEY, PARTIALLY HYDROGENATED SOYBEAN OIL, WHEY PROTEIN CONCENTRATE, SALT, CARBOXYMETHYL CELLULOSE, LACTOSE, BUTTERMILK SOLIDS, MALTODEXTRIN, NATURAL FLAVOR, SODIUM PHOSPHATE, LACTIC ACID, SILICON DIOXIDE, CITRIC ACID, ONION, YELLOW 5, YELLOW 6), TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARAMEL COLOR), SALT, MASA HARINA, PAPRIKA, BEEF-TYPE FLAVORING (HYDROLYZED CORN WHEAT AND SOY GLUTENS, YEAST EXTRACT, HYDROLYZED CORN GLUTEN, NATURAL AND ARTIFICIAL FLAVORING, PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OILS, DISODIUM GUANYLATE, DISODIUM INOSINATE), SODIUM BICARBONATE, LEAVENING (SODIUM ACID PYROPHOSPHATE, CORN STARCH, MONOCALCIUM PHOSPHATE, CALCIUM SULFATE), CARAMEL COLOR, SPICE, MODIFIED CELLULOSE, GUAR AND TRAGACANTH GUMS, GRANULATED GARLIC, SOY LECITHIN, SUGAR, MALTODEXTRIN AND NATURAL FLAVOR. *Date Last Updated by Company: 05/18/2016*